

Weekly Fellowship
Wednesday 4th March 2026

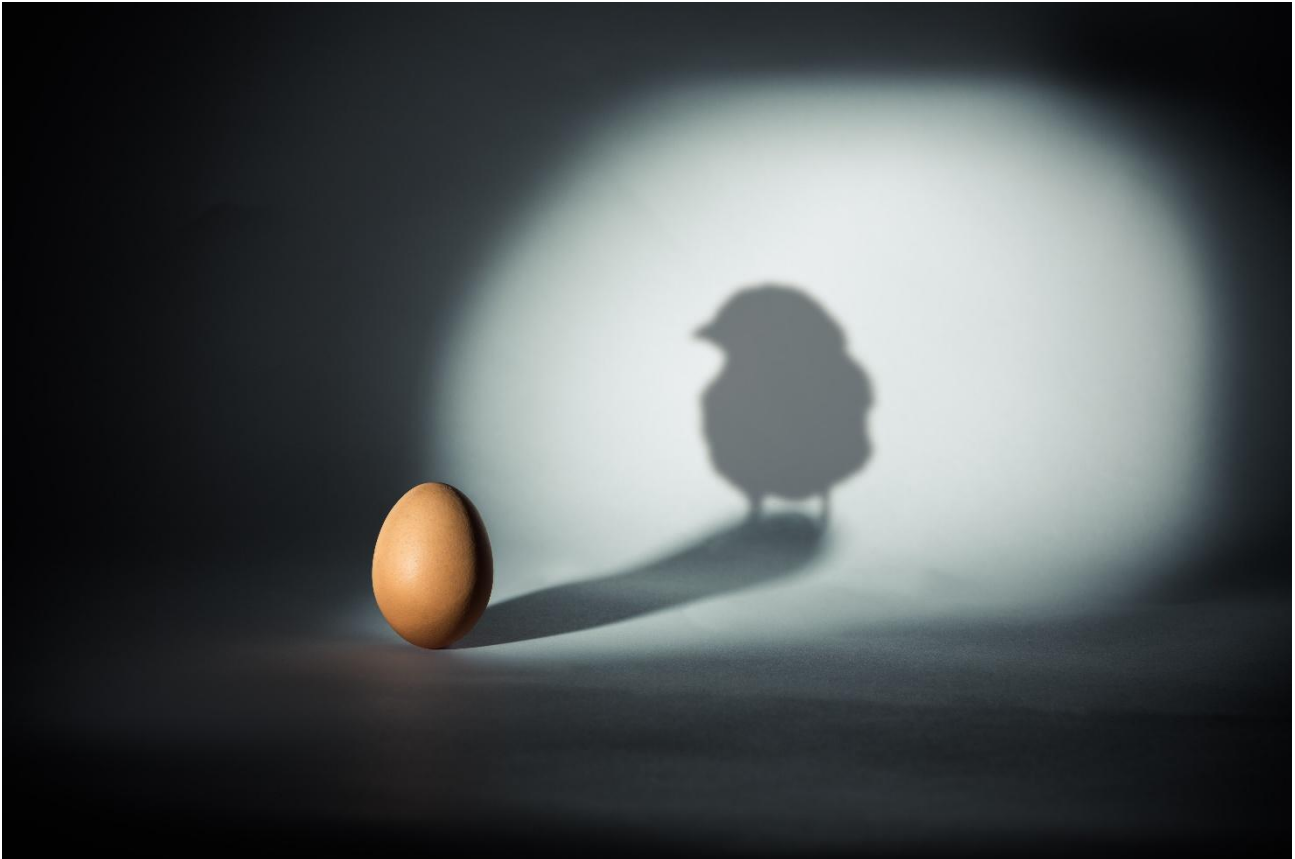


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Join us for weekly fellowship, reflection and prayer

Wednesdays 10am-11am

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[Weekly Fellowship](#)

[Weekly Fellowship \(zoom.us\)](#)

Telephone: 0203 4815240

Meeting ID: 838 9598 3569

Opening Prayer

O God, make speed to save us.

All O Lord, make haste to help us.

Make me to know your ways, O Lord,

All and teach me your paths.

Psalm 121

A song of ascents.

1 I lift up my eyes to the mountains –

where does my help come from?

2 My help comes from the Lord,

the Maker of heaven and earth.

3 He will not let your foot slip –

he who watches over you will not slumber;

4 indeed, he who watches over Israel

will neither slumber nor sleep.

5 The Lord watches over you –

the Lord is your shade at your right hand;

6 the sun will not harm you by day,

nor the moon by night.

7 The Lord will keep you from all harm –

he will watch over your life;

8 the Lord will watch over your coming and going

both now and for evermore.

Thanks be to God for His word.

John 3.1-17

Jesus teaches Nicodemus

3 Now there was a Pharisee, a man named Nicodemus who was a member of the Jewish ruling council. 2 He came to Jesus at night and said, 'Rabbi, we know that you are a teacher who has come from God. For no one could perform the signs you are doing if God were not with him.'

3 Jesus replied, 'Very truly I tell you, no one can see the kingdom of God unless they are born again.[a]'

4 'How can someone be born when they are old?' Nicodemus asked. 'Surely they cannot enter a second time into their mother's womb to be born!'

5 Jesus answered, 'Very truly I tell you, no one can enter the kingdom of God unless they are born of water and the Spirit. 6 Flesh gives birth to flesh, but the Spirit[b] gives birth to spirit. 7 You should not be surprised at my saying, "You[c] must be born again." 8 The wind blows wherever it pleases. You hear its sound, but you cannot tell where it comes from or where it is going. So it is with everyone born of the Spirit.'[d]

9 'How can this be?' Nicodemus asked.

10 'You are Israel's teacher,' said Jesus, 'and do you not understand these things? 11 Very truly I tell you, we speak of what we know, and we testify to what we have seen, but still you people do not accept our testimony. 12 I have spoken to you of earthly things and you do not believe; how then will you believe if I speak of heavenly things? 13 No one has ever gone into heaven except the one who came from heaven – the Son of Man.[e] 14 Just as Moses lifted up the snake in the wilderness, so the Son of Man must be lifted up,[f] 15 that everyone who believes may have eternal life in him.'[g]

16 For God so loved the world that he gave his one and only Son, that whoever believes in him shall not perish but have eternal life. 17 For God did not send his Son into the world to condemn the world, but to save the world through him.

Thanks be to God for his word.

Reflection

We look back over the Bible readings
and explore any thoughts or questions that come to mind.

Prayer

We take our reading and reflection into prayer,
praying especially for those on our hearts or minds today.

We close our time of prayer with the Lord's Prayer,
and a blessing for all for whom we pray,
for one another and for ourselves.

The Lord's Prayer

**Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins,
as we forgive those who sin against us.
Lead us not into temptation,
but deliver us from evil.
For the kingdom, the power, and the glory are yours
now and for ever.
Amen.**

**Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come;
thy will be done;
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass
against us.
And lead us not into temptation;
but deliver us from evil.
For thine is the kingdom,
the power and the glory,
for ever and ever.
Amen**

May God grant to the world justice, truth and peace.

All Amen.

If there is anything you would like to talk through any time,
just send me a message.

Penny

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