

Weekly Fellowship  
Wednesday 17<sup>th</sup> May 2023



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**Join us for weekly fellowship, reflection and prayer**

**Wednesdays 10am-11am**

<https://us02web.zoom.us/j/86200465510?pwd=LzJxSG5NZW10WkJsZUpMM25oR1hZUT09>

Telephone: 0203 4815240

Meeting ID: 862 0046 5510 / Passcode: 1000

## Opening Prayer

In the name of the Blessed Trinity  
of Life and Light and Love.

**Amen.**

## Psalm 93

*The Lord reigns, he is robed in majesty;  
the Lord is robed in majesty and armed with strength;  
indeed, the world is established, firm and secure.*

*2 Your throne was established long ago;  
you are from all eternity.*

*3 The seas have lifted up, Lord,  
the seas have lifted up their voice;  
the seas have lifted up their pounding waves.*

*4 Mightier than the thunder of the great waters,  
mightier than the breakers of the sea –  
the Lord on high is mighty.*

*5 Your statutes, Lord, stand firm;  
holiness adorns your house  
for endless days.*

## New Testament Acts 1.1-11

### **Jesus taken up into heaven**

*1 In my former book, Theophilus, I wrote about all that Jesus began to do and to teach <sup>2</sup> until the day he was taken up to heaven, after giving instructions through the Holy Spirit to the apostles he had chosen. <sup>3</sup> After his suffering, he presented himself to them and gave many convincing proofs that he was alive. He appeared to them over a period of forty days and spoke about the kingdom of God. <sup>4</sup> On one occasion, while he was eating with them, he gave them this command: 'Do not leave Jerusalem, but wait for the gift my Father promised, which you have heard me speak about. <sup>5</sup> For John baptised with water, but in a few days you will be baptised with the Holy Spirit.'*

*<sup>6</sup> Then they gathered round him and asked him, 'Lord, are you at this time going to restore the kingdom to Israel?'*

<sup>7</sup> He said to them: 'It is not for you to know the times or dates the Father has set by his own authority. <sup>8</sup> But you will receive power when the Holy Spirit comes on you; and you will be my witnesses in Jerusalem, and in all Judea and Samaria, and to the ends of the earth.'

<sup>9</sup> After he said this, he was taken up before their very eyes, and a cloud hid him from their sight.

<sup>10</sup> They were looking intently up into the sky as he was going, when suddenly two men dressed in white stood beside them. <sup>11</sup> 'Men of Galilee,' they said, 'why do you stand here looking into the sky? This same Jesus, who has been taken from you into heaven, will come back in the same way you have seen him go into heaven.'

## Reflection

We look back over the Bible readings  
and explore any thoughts or questions that come to mind.

## Prayer

We take our reading and reflection into prayer,  
praying especially for those on our hearts or minds today.

We close our time of prayer with the Lord's Prayer,  
and a blessing for all for whom we pray,  
for one another and for ourselves.

## The Lord's Prayer

**Our Father in heaven,  
hallowed be your name,  
your kingdom come,  
your will be done,  
on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins,  
as we forgive those who sin against us.  
Lead us not into temptation,  
but deliver us from evil.  
For the kingdom, the power, and the glory are yours  
now and for ever.  
Amen.  
Come, O Christ.  
Open our minds to your presence,  
our hearts to your love.**

And bless us in waking us  
**to love, joy and peace,**  
**patience, kindness and generosity,**  
**faithfulness, gentleness and self-control.**

Let us bless God.

**Amen.**

If there is anything you would like to talk through any time,  
just send me a message.

Penny

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