

Weekly Fellowship  
Wednesday 7<sup>th</sup> February 2024



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**Join us for weekly fellowship, reflection and prayer Wednesdays**

**10am-11am** <https://us06web.zoom.us/j/83895983569>

Telephone: 0203 4815240

Meeting ID: 838 9598 3569

**Opening Prayer**

In the name of the Blessed Trinity of

Life and Light and Love.

**Amen.**

**Genesis 3:19**

By the sweat of your brow you will eat your food until you return to the ground, since from it you were taken; for dust you are and to dust you will return.'

## Psalm 51.1-18

**For the director of music. A psalm of David. When the prophet Nathan came to him after David had committed adultery with Bathsheba.**

1 Have mercy on me, O God,

*according to your unfailing love;*

*according to your great compassion*

*blot out my transgressions.*

2 Wash away all my iniquity

*and cleanse me from my sin.*

3 For I know my transgressions,

*and my sin is always before me.*

4 Against you, you only, have I sinned

*and done what is evil in your sight;*

*so you are right in your verdict*

*and justified when you judge.*

5 Surely I was sinful at birth,

*sinful from the time my mother conceived me.*

6 Yet you desired faithfulness even in the womb;

*you taught me wisdom in that secret place.*

7 Cleanse me with hyssop, and I shall be clean;

*wash me, and I shall be whiter than snow.*

8 Let me hear joy and gladness;

*let the bones you have crushed rejoice.*

9 Hide your face from my sins

*and blot out all my iniquity.*

10 Create in me a pure heart, O God,

*and renew a steadfast spirit within me.*

11 Do not cast me from your presence

*or take your Holy Spirit from me.*

12 Restore to me the joy of your salvation

*and grant me a willing spirit, to sustain me.*

13 *Then I will teach transgressors your ways,  
so that sinners will turn back to you.*

14 *Deliver me from the guilt of bloodshed, O God,  
you who are God my Saviour,  
and my tongue will sing of your righteousness.*

15 *Open my lips, Lord,  
and my mouth will declare your praise.*

16 *You do not delight in sacrifice, or I would bring it;  
you do not take pleasure in burnt offerings.*

17 *My sacrifice, O God, is[b] a broken spirit;  
a broken and contrite heart  
you, God, will not despise.*

18 *May it please you to prosper Zion,  
to build up the walls of Jerusalem.*

**Thanks be to God for His word.**

### **Gospel Reading John 8:1-11**

*1 but Jesus went to the Mount of Olives.*

*2 At dawn he appeared again in the temple courts, where all the people gathered round him, and he sat down to teach them. 3 The teachers of the law and the Pharisees brought in a woman caught in adultery. They made her stand before the group 4 and said to Jesus, 'Teacher, this woman was caught in the act of adultery. 5 In the Law Moses commanded us to stone such women. Now what do you say?' 6 They were using this question as a trap, in order to have a basis for accusing him.*

*But Jesus bent down and started to write on the ground with his finger. 7 When they kept on questioning him, he straightened up and said to them, 'Let any one of you who is without sin be the first to throw a stone at her.' 8 Again he stooped down and wrote on the ground.*

*9 At this, those who heard began to go away one at a time, the older ones first, until only Jesus was left, with the woman still standing there. 10 Jesus straightened up and asked her, 'Woman, where are they? Has no one condemned you?'*

*11 'No one, sir,' she said.*

*'Then neither do I condemn you,' Jesus declared. 'Go now and leave your life of sin.'* **Thanks be to God for His word.**

## Reflection

We look back over the Bible readings and explore any thoughts or questions that come to mind.

## Prayer

We take our reading and reflection into prayer, praying especially for those on our hearts or minds today. We close our time of prayer with the Lord's Prayer, and a blessing for all for whom we pray, for one another and for ourselves.

## The Lord's Prayer

**Our Father in heaven, hallowed be thy name;  
hallowed be your name, thy kingdom come;  
your kingdom come, thy will be done;  
your will be done, on earth as it is in heaven.  
on earth as in heaven.**

**Give us today our daily bread.**

**Forgive us our sins,**

**as we forgive those who sin against us.**

**Lead us not into temptation,**

**but deliver us from evil.**

**For the kingdom, the power, and the glory are yours**

**now and for ever.**

**Amen.**

Come, O Christ.

**Open our minds to your presence, our**

**hearts to your love. And bless us in**

**Our Father, who art in heaven,**

**Give us this day our daily bread.**

**And forgive us our trespasses,**

**as we forgive those who trespass  
against us.**

**And lead us not into temptation; but deliver us from evil.**

**For thine is the kingdom,**

**the power and the glory,**

**for ever and ever.**

**Amen**

waking us **to love, joy and peace,**  
**patience, kindness and generosity,**  
**faithfulness, gentleness and self-control.**

Let us bless God.

**Amen.**

If there is anything you would like to talk through any time, just  
send me a message.

Penny

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